

AZV 26: Session: 1: COACH evaluation sheet for TEAM: ZVL

Coachinfo: Warming up from: 12:30 untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vanuytven Diane

Coaches: De Herdt Els

Coaches: Jacob Sven

Coaches: De Herdt An HEADCOACH

Coaches: De Weerdt Koen

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 14:00	
Heat: 1/5 Lane : 1 Athlete: VERHOEVEN LIESE							Q-time: 99:99:99	
PB (25m pool): 05:37.35 Mol 20/10/2024				PB (50m pool): 06:00.39SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:39.12		01:21.63		02:04.99		02:48.31
	00:39.12		00:42.51		00:43.36		00:43.32	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:31.28		04:14.19		04:56.98		05:37.35
	00:42.97		00:42.91		00:42.79		00:40.37	
								

Coach feedback:

Event number: 1: 400M FREESTYLE WOMEN 11+							Heat:2, starttime: 14:07	
Heat: 2/5 Lane : 1 Athlete: HERREMANS ELIEN							Q-time: 06:34:59	
PB (25m pool): 06:34.59 Herentals 04/10/2025				PB (50m pool): no time SB: 06:34.59 Herentals 04/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:42.05		01:30.66		02:21.93		03:13.13
	00:42.05		00:48.61		00:51.27		00:51.20	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		04:04.24		04:55.39		05:45.68		06:34.59
	00:51.11		00:51.15		00:50.29		00:48.91	
								

Coach feedback:

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Event number: 1: 400M FREESTYLE WOMEN 11+							Heat:3, starttime: 14:14	
Heat: 3/5 Lane : 3 Athlete: JORIS LINDE							Q-time: 05:46:02	
PB (25m pool): 05:46.02 Lier 04/04/2026				PB (50m pool): no time SB: 05:46.02 Lier 04/04/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:22.31		no time		02:51.17
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:46.02
								

Coach feedback:

Event number: 1: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 14:21	
Heat: 4/5 Lane : 2 Athlete: SARMI SOFIA							Q-time: 05:18:04	
PB (25m pool): 05:18.04 Lier 04/04/2026				PB (50m pool): 05:42.22SB: 05:18.04 Lier 04/04/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:16.47		no time		02:40.28
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:18.04
								

Coach feedback:

Event number: 1: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 14:21	
Heat: 4/5 Lane : 3 Athlete: VAN BREEDAM LENA							Q-time: 05:23:82	
PB (25m pool): 05:23.82 Lier 04/04/2026				PB (50m pool): no time SB: 05:23.82 Lier 04/04/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:16.21		no time		02:39.56
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:23.82
								

Coach feedback:

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Event number: 1: 400M FREESTYLE WOMEN 11+							Heat:5, starttime: 14:27	
Heat: 5/5 Lane : 2 Athlete: SCHELLEMANS CHARLOTTE							Q-time: 04:50:63	
PB (25m pool): 04:50.63 Herentals 04/10/2025				PB (50m pool): 04:58.17SB: 04:50.63 Herentals 04/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.92		01:10.63		01:47.16		02:24.12
	00:33.92		00:36.71		00:36.53		00:36.96	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:01.06		03:38.22		04:15.71		04:50.63
	00:36.94		00:37.16		00:37.49		00:34.92	
								

Coach feedback:

Event number: 1: 400M FREESTYLE WOMEN 11+							Heat:5, starttime: 14:27	
Heat: 5/5 Lane : 3 Athlete: VERDOOD PIP							Q-time: 04:53:97	
PB (25m pool): 04:53.97 Herentals 04/10/2025				PB (50m pool): 04:54.41 SB: 04:53.97 Herentals 04/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.19		01:09.89		01:47.29		02:25.43
	00:33.19		00:36.70		00:37.40		00:38.14	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:03.31		03:41.23		04:19.28		04:53.97
	00:37.88		00:37.92		00:38.05		00:34.69	
								

Coach feedback:

Event number: 2: 200M MEDLEY MEN 11+							Heat:2, starttime: 14:37	
Heat: 2/5 Lane : 4 Athlete: GILLIS MATTHIJS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 2: 200M MEDLEY MEN 11+							Heat:3, starttime: 14:41	
Heat: 3/5 Lane : 4 Athlete: GILLIS BAS							Q-time: 03:31:97	
PB (25m pool): 03:31.97 Heist-op-den-Berg 10/01/2026				PB (50m pool): no time SB: 03:31.97 Heist-op-den-Berg 10/01/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:47.74		no time		no time		03:31.97
	00:47.74							
								

Coach feedback:

Event number: 2: 200M MEDLEY MEN 11+							Heat:5, starttime: 14:48	
Heat: 5/5 Lane : 1 Athlete: JACOB QINGKUN							Q-time: 02:31:49	
PB (25m pool): 02:31.49 Antwerpen 12/10/2025				PB (50m pool): 02:37.55SB: 02:31.49 Antwerpen 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.96		01:13.15		01:55.28		02:31.49
	00:32.96		00:40.19		00:42.13		00:36.21	
								

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9					Heat:2, starttime: 14:54	
Heat: 2/3 Lane : 2 Athlete: SOMERS BESS					Q-time: 02:04:77	
PB (25m pool): 02:04.77 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: 02:04.77 Stedelijk Zwembad Geel 15/02/2026						
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:59.18		02:04.77		
	00:59.18		01:05.59			
						

Coach feedback:

Event number: 4: 100M MEDLEY MEN 11+							Heat:1, starttime: 14:59	
Heat: 1/2 Lane : 2 Athlete: VERMEIREN STAN							Q-time: 01:28:42	
PB (25m pool): 01:28.42 Hoogstraten 28/09/2025				PB (50m pool): no time SB: 01:28.42 Hoogstraten 28/09/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		01:28.42				
	no time							
								

Coach feedback:

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Event number: 4: 100M MEDLEY MEN 11+					Heat:2, starttime: 15:01
Heat: 2/2 Lane : 2 Athlete: SLAETS CAZ					Q-time: 01:11:24
PB (25m pool): 01:11.24 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: 01:11.24 Stedelijk Zwembad Geel 15/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.33		01:11.24	
	00:34.33		00:36.91		
					

Coach feedback:

Event number: 5: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 15:05
Heat: 2/6 Lane : 3 Athlete: VLUYMANS JULIE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 5: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 15:07
Heat: 3/6 Lane : 1 Athlete: DE KEYZER FRAN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 5: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 15:07
Heat: 3/6 Lane : 3 Athlete: VAN REETH LILIANA					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 5: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 15:09
Heat: 4/6 Lane : 3 Athlete: BOURGUIGNON NENA					Q-time: 01:36:74
PB (25m pool): 01:36.74 Heist-op-den-Berg 10/01/2026					PB (50m pool): no time SB: 01:36.74 Heist-op-den-Berg 10/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:36.74	
	no time				
					

Coach feedback:

Event number: 5: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 15:14
Heat: 6/6 Lane : 1 Athlete: HUBERLAND LORE					Q-time: 01:15:33
PB (25m pool): 01:15.33 Hoogstraten 28/09/2025					PB (50m pool): no time SB: 01:15.33 Hoogstraten 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:15.33	
	no time				
					

Coach feedback:

Event number: 5: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 15:14
Heat: 6/6 Lane : 3 Athlete: JACOBS LOTTE					Q-time: 01:10:41
PB (25m pool): 01:10.41 Stedelijk Zwembad Geel 15/02/2026					PB (50m pool): no time SB: 01:10.41 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.31		01:10.41	
	00:32.31		00:38.10		
					

Coach feedback:

Event number: 6: 400M FREESTYLE MEN 11+							Heat:4, starttime: 15:57	
Heat: 4/5 Lane : 2 Athlete: DE WEERDT BENT							Q-time: 05:08:15	
PB (25m pool): 05:08.15 Antwerpen 12/10/2025			PB (50m pool): 05:16.94SB: 05:08.15 Antwerpen 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:35.41		01:14.30		01:53.80		02:33.49
	00:35.41		00:38.89		00:39.50		00:39.69	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:12.91		03:52.26		04:30.88		05:08.15
	00:39.42		00:39.35		00:38.62		00:37.27	
								

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Event number: 6: 400M FREESTYLE MEN 11+							Heat:4, starttime: 15:57	
Heat: 4/5 Lane : 3 Athlete: VERSTRAETE PEPIJN							Q-time: 05:24:12	
PB (25m pool): 05:24.12 Arendonk 30/11/2025			PB (50m pool): no time SB: 05:24.12 Arendonk 30/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:18.05		no time		02:40.37
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:24.12
								

Coach feedback:

Event number: 7: 200M MEDLEY WOMEN 11+							Heat:3, starttime: 16:16	
Heat: 3/4 Lane : 2 Athlete: DE VOCHT LINNE							Q-time: 02:48:83	
PB (25m pool): 02:48.83 Leuven 12/10/2025				PB (50m pool): 02:57.74SB: 02:48.83 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.85		01:18.54		02:10.92		02:48.83
	00:36.85		00:41.69		00:52.38		00:37.91	
								

Coach feedback:

Event number: 7: 200M MEDLEY WOMEN 11+							Heat:3, starttime: 16:16	
Heat: 3/4 Lane : 4 Athlete: GERAEDTS MARIA							Q-time: 03:00:22	
PB (25m pool): 03:00.22 Lier 04/04/2026			PB (50m pool): no time SB: 03:00.22 Lier 04/04/2026					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.00		no time		no time		03:00.22
	00:42.00							
								

Coach feedback:

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Event number: 7: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 16:19	
Heat: 4/4 Lane : 3 Athlete: VAN REETH LIEZE							Q-time: 02:38:80	
PB (25m pool): 02:38.80 Aartselaar 01/11/2025				PB (50m pool): 02:41.71 SB: 02:38.80 Aartselaar 01/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.94		no time		no time		02:38.80
	00:33.94							
								

Coach feedback:

Event number: 7: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 16:19	
Heat: 4/4 Lane : 4 Athlete: DALEMANS NEL							Q-time: 02:47:97	
PB (25m pool): 02:47.97 Aartselaar 01/11/2025				PB (50m pool): 02:56.82SB: 02:47.97 Aartselaar 01/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.50		no time		no time		02:47.97
	00:36.50							
								

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 11+							Heat:1, starttime: 16:28	
Heat: 1/9 Lane : 1 Athlete: VLUYMANS JULIE							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 11+							Heat:1, starttime: 16:28	
Heat: 1/9 Lane : 2 Athlete: VAN BREEDAM LENA							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

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Event number: 9: 50M FREESTYLE WOMEN 11+			Heat:2, starttime: 16:29
Heat: 2/9 Lane : 2 Athlete: DE KEYZER FRAN			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 16:30
Heat: 3/9 Lane : 1 Athlete: VAN REETH LILIANA			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 16:30
Heat: 3/9 Lane : 2 Athlete: BOURGUIGNON NENA			Q-time: 00:40:41
PB (25m pool): 00:40.41 Hoogstraten 28/09/2025			PB (50m pool): 00:37.55 SB: 00:40.41 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:40.41	
	00:40.41		
			

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 11+			Heat:4, starttime: 16:31
Heat: 4/9 Lane : 3 Athlete: JORIS LINDE			Q-time: 00:37:93
PB (25m pool): 00:37.93 Nijlen 16/11/2025			PB (50m pool): 00:34.69 SB: 00:37.93 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:37.93	
	00:37.93		
			

Coach feedback:

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Event number: 9: 50M FREESTYLE WOMEN 11+			Heat:4, starttime: 16:31
Heat: 4/9 Lane : 4 Athlete: HERREMANS ELIEN			Q-time: 00:40:00
PB (25m pool): 00:40.00 Hoogstraten 28/09/2025			PB (50m pool): no time SB: 00:40.00 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:40.00	
		00:40.00	
			

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 16:34
Heat: 6/9 Lane : 2 Athlete: SARMI SOFIA			Q-time: 00:33:56
PB (25m pool): 00:33.56 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:33.68 SB: 00:33.56 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	
PB		00:33.56	
		00:33.56	
			

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 16:34
Heat: 6/9 Lane : 3 Athlete: VERHOEVEN LIESE			Q-time: 00:34:17
PB (25m pool): 00:34.17 Nijlen 16/11/2025			PB (50m pool): 00:35.07 SB: 00:34.17 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:34.17	
		00:34.17	
			

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 11+			Heat:7, starttime: 16:35
Heat: 7/9 Lane : 1 Athlete: GERAEDTS MARIA			Q-time: 00:32:66
PB (25m pool): 00:32.66 Nijlen 16/11/2025			PB (50m pool): 00:32.90 SB: 00:32.66 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:32.66	
		00:32.66	
			

Coach feedback:

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Event number: 9: 50M FREESTYLE WOMEN 11+			Heat:7, starttime: 16:35
Heat: 7/9 Lane : 3 Athlete: DALEMANS NEL			Q-time: 00:32:49
PB (25m pool): 00:32.49 Hoogstraten 28/09/2025			PB (50m pool): 00:32.94 SB: 00:32.49 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:32.49	
		00:32.49	
			

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 11+			Heat:8, starttime: 16:36
Heat: 8/9 Lane : 1 Athlete: VAN REETH LIEZE			Q-time: 00:30:56
PB (25m pool): 00:30.56 Temse 17/11/2025			PB (50m pool): 00:31.19 SB: 00:30.56 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:30.56	
		00:30.56	
			

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 11+			Heat:8, starttime: 16:36
Heat: 8/9 Lane : 2 Athlete: HUBERLAND LORE			Q-time: 00:28:99
PB (25m pool): 00:28.99 Antwerpen 12/10/2025			PB (50m pool): 00:29.58 SB: 00:28.99 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:28.99	
		00:28.99	
			

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 11+			Heat:8, starttime: 16:36
Heat: 8/9 Lane : 3 Athlete: VERDOOD PIP			Q-time: 00:29:83
PB (25m pool): 00:29.83 Hoogstraten 28/09/2025			PB (50m pool): 00:29.84 SB: 00:29.83 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:29.83	
		00:29.83	
			

Coach feedback:

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Event number: 9: 50M FREESTYLE WOMEN 11+			Heat:8, starttime: 16:36
Heat: 8/9 Lane : 4 Athlete: DE VOCHT LINNE			Q-time: 00:30:90
PB (25m pool): 00:30.90 Leuven 12/10/2025			PB (50m pool): 00:31.51 SB: 00:30.90 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:30.90	
		00:30.90	
			

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 11+			Heat:9, starttime: 16:37
Heat: 9/9 Lane : 1 Athlete: SCHELLEMANS CHARLOTTE			Q-time: 00:28:69
PB (25m pool): 00:28.69 Hoogstraten 28/09/2025			PB (50m pool): 00:28.76 SB: 00:28.69 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:28.69	
		00:28.69	
			

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 11+			Heat:9, starttime: 16:37
Heat: 9/9 Lane : 3 Athlete: JACOBS LOTTE			Q-time: 00:28:27
PB (25m pool): 00:28.27 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:28.98 SB: 00:28.27 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	
PB		00:28.27	
		00:28.27	
			

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 11+			Heat:1, starttime: 16:38
Heat: 1/7 Lane : 1 Athlete: GILLIS MATTHIJS			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

AZV 26: Session: 1: COACH evaluation sheet for TEAM: ZVL

Event number: 10: 50M FREESTYLE MEN 11+			Heat:4, starttime: 16:41
Heat: 4/7 Lane : 4 Athlete: GILLIS BAS			Q-time: 00:38:90
PB (25m pool): 00:38.90 Nijlen 16/11/2025			PB (50m pool): 00:37.43 SB: 00:38.90 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:38.90	
		00:38.90	
			

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 11+			Heat:5, starttime: 16:43
Heat: 5/7 Lane : 1 Athlete: VERMEIREN STAN			Q-time: 00:32:45
PB (25m pool): 00:32.45 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:34.36 SB: 00:32.45 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	
PB		00:32.45	
		00:32.45	
			

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 11+			Heat:5, starttime: 16:43
Heat: 5/7 Lane : 3 Athlete: VERSTRAETE PEPIJN			Q-time: 00:32:23
PB (25m pool): 00:32.23 Nijlen 16/11/2025			PB (50m pool): 00:32.86 SB: 00:32.23 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:32.23	
		00:32.23	
			

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 11+			Heat:6, starttime: 16:44
Heat: 6/7 Lane : 4 Athlete: DE WEERDT BENT			Q-time: 00:31:12
PB (25m pool): 00:31.12 Hoogstraten 28/09/2025			PB (50m pool): 00:31.13 SB: 00:31.12 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:31.12	
		00:31.12	
			

Coach feedback:

AZV 26: Session: 1: COACH evaluation sheet for TEAM: ZVL

Event number: 10: 50M FREESTYLE MEN 11+				Heat:7, starttime: 16:45			
Heat: 7/7 Lane : 1 Athlete: SLAETS CAZ				Q-time: 00:27:64			
PB (25m pool): 00:27.64 Nijlen 16/11/2025				PB (50m pool): 00:27.88 SB: 00:27.64 Nijlen 16/11/2025			
	2 5 M	5 0 M					
PB		00:27.64					
		00:27.64					
							

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 11+				Heat:7, starttime: 16:45			
Heat: 7/7 Lane : 3 Athlete: JACOB QINGKUN				Q-time: 00:27:02			
PB (25m pool): 00:27.02 Stedelijk Zwembad Geel 15/02/2026				PB (50m pool): 00:28.01 SB: 00:27.02 Stedelijk Zwembad Geel 15/02/2026			
	2 5 M	5 0 M					
PB		00:27.02					
		00:27.02					
							

Coach feedback:

Event number: 11: 100M FREESTYLE MIXED 10-9				Heat:2, starttime: 16:48			
Heat: 2/2 Lane : 4 Athlete: SOMERS BESS				Q-time: 01:35:77			
PB (25m pool): 01:35.77 Stedelijk Zwembad Geel 15/02/2026				PB (50m pool): no time SB: 01:35.77 Stedelijk Zwembad Geel 15/02/2026			
	2 5 M	5 0 M	7 5 M	1 0 0 M			
PB		00:44.78		01:35.77			
		00:44.78		00:50.99			
							

Coach feedback:

Event number: 12: 4x50M FREESTYLE MIXED							Heat:1, starttime: 16:50	
Heat: 1/2 Lane : 1 Athlete: TEAM ZVL 3							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

AZV 26: Session: 1: COACH evaluation sheet for TEAM: ZVL

Event number: 12: 4x50M FREESTYLE MIXED							Heat:1, starttime: 16:50	
Heat: 1/2 Lane : 4 Athlete: TEAM ZVL 2							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 12: 4x50M FREESTYLE MIXED							Heat:2, starttime: 16:52	
Heat: 2/2 Lane : 1 Athlete: TEAM ZVL 1							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: